



Final Project: Marriage, Couple, and Family Counseling

Families face many challenges in today's world and marriage, couple, and family counselors (MCF) are the professionals who help families navigate difficult times. Families are a working system and each element of that system impact the operation of the system and the individual members. Issues such as substance abuse, family violence, divorce, mental illness, infidelity, and child abuse present counselors with numerous treatment challenges. As an MCF counselor, will you be ready to address them?

For the Final Project, you will consider the clients in the solution focused YouTube videos you viewed earlier in the course (see:

<http://www.youtube.com/watch?v=tjdJhdA9mE4&list=PLgswj8XPfriWqAECgkNLXLjGvjUXdfSYQ>)

For your Final Project, you are to develop an assessment and intervention plan for one of the clients in the videos and present it in an academic paper with scholarly references from the professional literature (e.g., Journal of Family Therapy, Journal of Marital and Family Therapy, The Family Journal, Journal of Marriage and Family Counseling, Journal of Contemporary Family Therapy, Journal of Counseling and Development).

Your project should include **all** of the following sections:

1. Legal and ethical considerations regarding the family circumstances
2. Multicultural considerations
3. Identify any family life cycle considerations
4. Theoretical counseling model you would use in the case with rationale
5. Specific issues facing the family
6. Assessment techniques you would use in the case with rationale
7. Intervention plan for the family
8. Research (at least five references) that support your intervention plan
9. Prognosis for the family
10. A reflection on your learning experience in this course and your preparedness for working as a marriage, couple, and family counselor.

Although the Final Project is not to be submitted until Day 7 of Week 12, you should become familiar with the project requirements and have them in mind as you proceed through the course. The Final Project will be evaluated according to the final project rubric. Be sure that the Final Project is written using APA format. Information on scholarly writing may be found in the APA Manual (6th ed.) and at the Purdue OWL Writing Center site (<http://owl.english.purdue.edu/owl/>). The Final Project is due (in Blackboard AND TK20) on Day 7 of Week 12.